

Seeking Through Soaking

Sample Chapter



Seeking Through Soaking: The Purposeful Pursuit of His Presence

Contents

Introduction

1 — What Is Soaking and Why Should I Embrace It?

2 — An Examination of Soaking and Meditation

3 — Beginning Your Soaking Journey

4 — The Fruit of Soaking

5 — Misconceptions & Misapplication

6 — A Soaking Encounter

Appendix A — Soaking Scriptures

Appendix B — Meditation Scriptures

Appendix C — Soaking Resources

Appendix D — The Journey of a Thousand Miles

About the Author

Preface to Chapter 4

The Depths of Jesus

“What do you mean by the law of central tendency? As you continue holding your soul deep in your inward parts, you will discover that God has a magnetic attracting quality. Your God is like a magnet! The Lord naturally draws you more and more toward Himself.

*We come now to the ultimate stage of Christian experience: **Divine Union**. Meditation will not bring divine union; neither will love, nor worship, nor your devotion, nor your sacrifice. Nor does it matter how much light the Lord gives you. This cannot be brought about merely by your own experience. It will take an act of God to make **Union** a reality.”*

Madame Guyon¹

4

The Fruit of Soaking

Soaking is a powerful and meaningful spiritual exercise that sensitizes you to God's presence. It results in an intensified knowledge of His presence within you. As you commit yourself to regularly pursuing Him, you'll quickly become more aware of His every move. When you hear his voice, you'll unquestionably embrace revelatory truths. By doing so, you acknowledge and accept the words of God from a new and different perspective.

Soaking will challenge your preconceived ideas about the spiritual realm. As you proactively pursue Him, you'll soon find answers to questions you never thought to ask.

Some people are uncomfortable with the fact that soaking involves very little, if any, action on the part of the one soaking. However, as they delve more and more into these soaking encounters, they soon understand that there's no room for their flesh. They quickly learn that soaking is a spiritual matter and that it is one which God has well in hand.

They quickly discover that instead of trusting all the work that's being done on the human side, soaking allows the Divine One to graciously come in and visit those who wait upon Him. They learn to do just that—wait on Him, offering themselves as a praise offering while communing spirit to spirit.

Here are some experiences you may encounter in your soaking sessions:

1) **More sensitivity to the Holy Spirit.** Not only will you learn to hear better in the spirit, but you'll also find yourself more willing to obey the voice of God. As you build your faith through hearing His voice, you'll find less of a need to question what you hear and instead, begin to take active steps of obedience in response to His voice.

You'll find that your eyes and ears have been opened to deeper revelations of your loving Father. His gentle nudges are no longer ignored. You are now positioned for more frequent instructions and for greater **communion** with Him.

2) **Greater truth is revealed regarding who you are in Christ.** Soaking repositions you spiritually; you will now see the things of the Kingdom from a different perspective. Your spiritual senses are being developed on a higher plain than ever before. What you once thought of yourself may no longer prove to be true. The revelation of who you are will change. Through soaking, you begin to see the “true” spiritual YOU.

You are now communing on a higher spiritual frequency. Your eyes are opened to truths that were previously invisible to you. Your thoughts and actions change; old things pass away. The old thoughts you had about God, the Kingdom, and yourself are gone.

3) **You become a lifetime Seeker of His heart!** You are one who is actively pursuing God’s presence and His glory. You begin to desire more of Him. You are learning to surround yourself with His presence. Apostle John Stevenson of Heirs International, West Chester, Ohio, understands this pursuit. Several years ago he composed a song entitled, “My Heart Is Your Throne.”¹ This song speaks of your new-found awareness of God’s place and importance in your hearts. When you enthrone Him, He releases His love back to you. He graciously grants you access to His unlimited grace. This mentality is in line with the following scriptures:

Deut. 4:29 – *“If you seek Him you will find Him if you seek Him with all your heart and soul”*

Ps. 34:10 – *“They that seek the Lord shall not want any good thing”*

John 4:23 – *“the Father seeks such...”*

4) **Soaking releases revelation.** God’s desire is to reveal the secret counsel of His heart to you. He wants to address issues of concern to you and bring wisdom to your needs. Isaiah 30:15-18 states:

*“For thus says the Lord God, the Holy One of Israel: **“In returning and rest you shall be saved; in quietness and confidence shall be your strength.”** But you would not, and you said, **“No, for we will flee on horses”** — Therefore, you shall flee! And, **“We will ride on swift horses** — Therefore, those who pursue you shall be swift! One thousand shall flee at the threat of one, at the threat of five you shall flee, till you are left as a pole on top of a mountain and as a banner on a hill. **“Therefore the Lord will wait, that He may be gracious to you; and therefore He will be exalted, that He may have mercy on you. For the Lord is a God of justice; blessed are all those who wait for Him.”**”*

According to these verses, God wanted His people to wait for Him, but they didn’t want to wait. They wanted to go. God wanted to minister to them but they wanted to go. They thought they had the ability to move in their own strength, but they were mistaken. They needed God but they didn’t know it. God was willing to wait on them but it wasn’t what they wanted. My, how their actions must have broken His heart. They couldn’t both have their way. God wanted them to wait but they wanted to go. So God chose to yield to His people rather than force them to wait on Him.

As the above scriptures reveals, God had a formula (v. 15) that He gave His people to easily access His grace: *“In returning and rest... in quietness and confidence shall be your strength.”*

Resting in God gives you strength. He wanted His people to rest so He could minister to them; He wanted to transfer His strength to them as they rested. But they didn't want to rest. They didn't want to wait. They wanted to move out in their own strength. God wanted to impart His life into them, but they wanted to run with their own ill-fated solution—self!

God was fully aware of what they needed, and He was prepared to give it to them. He offered them quietness and confidence, which are fruits of resting in Him. However, by choosing their own way, they lost the opportunity to increase their awareness of His presence. Instead, they were left rootless and fruitless. They could not carry the fruit of His presence with them because they did not choose to wait on Him.

5) **Soaking releases healing.** We're introducing the word “healing” in the Greek origin of salvation. It is the word *sozo* and it means “to save or make well or whole; to save, deliver, heal and preserve,” according to the Strong's Greek Dictionary of the New Testament.²

You'll find these additional definitions in the New Testament Greek Lexicon³ defining “healing” as: “to save, keep safe and sound, to rescue from danger or destruction. To save a suffering one (from perishing), i.e. one suffering from disease, to make well, heal, restore to health.”

Many times we forget that God built physical healing into His plan of salvation. In **Psalm 27:14**, David encourages us to *“Wait on the Lord; be of good courage and He shall strengthen your heart. Wait, I say, on the Lord.”* In waiting, you are reminded of the precious promises you have in Him. As noted previously, one of the fruits of resting in Him is quietness and confidence. This becomes the source of your strength—both spiritually and physically. In addition, you are reminded that salvation means wholeness. This relates resting in Him to being restored to wholeness rather than the fragmented version of yourself which was developed through daily living. Therefore, you are exhorted to enhance your life by resting in Him.

6) **Soaking releases the Fruit of the Spirit.** The state of today's society is frantic. As a society, we are inundated with bright shiny objects that distract us on every hand. Our minds are over-stimulated. We overeat, oversleep and carry too much weight. We are in dire need of occasions to help mature our fruit. Soaking creates the perfect soil for our fruit to grow.

The fruit of a soaking encounter is internal as well as eternal. You should learn to continually “Seek and Soak” for your daily bread. The more time you spend with Him, the more comfortable you'll be with Him. Our fruit gets inspected in our day-to-day encounters with man. It serves as a testimony to the time you've spent with your Father. Contrarily, the lack of mature fruit (as well as other symptoms) is a testimony of the time we haven't spent with Him.

In time, you'll find yourself longing for His presence and adjusting your daily schedule to make more time for Him. And you'll begin to meet with Him in the most unintentional places. This desire reflects the fact that your Father is a supplier of all of your needs—even if it's just His presence.

Amazon Reviews:

Find Reviews here: [Amazon Reviews](#)

“Where to Buy” Links:

Seeking Through Soaking is available here:

On Amazon: bit.ly/SLHBooks

On Website: <http://sandeehemphill.com/Books>